

100 Shares

T A M P A B A Y

MINISTRY GRANT REPORT

Name of organization: SOF Missions

Date of report submission: 10/4/24

In fulfillment of September OR Final Report (include year): September 2024

Name of individual filling out Grant Report: Dayna Friedman

Title: Vice President

Email Address: dayna@sofmissions.org

Phone Number: 813-265-2713

Date Grant funds were received: April 2024

Grant amount received: \$100,000

Total grant amount spent to date: \$ 60,173.69

Grant amount remaining: \$39,826.31

Purpose of Grant (Please copy and paste from Page 1 of Grant Application submitted):

SOF Missions offers a unique approach to veteran care through a whole health intra-disciplinary model. Our Be Resilient Program is a four-pillar resiliency program that addresses the areas of psychological, physical, spiritual, and social wellness. SOF Missions provides suicide prevention services through three main delivery methods: Clinical Care, Coordinated Care, and Collaborative Care. Specific services provided include but are not limited to cognitive therapy, physical therapy, mental health counseling,

strength and conditioning, nutrition, chiropractic care, acupuncture, massage therapy, recreational therapy, social reintegration therapy, mentorship, and life coaching.

Clinical Care through our Be Resilient Clinics are 1-week intensives that bring together providers in an intradisciplinary approach from all four domains: psychological, physical, social, spiritual. Providers assess, treat, and overcome challenges of military service and combat. After the 1-week intensive, veterans receive 30, 60, and 90-day follow on care in their local area through our national network of partners. SOF Missions veteran programs will improve the overall health and lifestyle of veterans and their families. Veterans who are on a path of wellness are first and foremost more engaged with their families, working to build a stronger family unit. Resilient veterans are more productive members of society, maintaining gainful employment and are also more engaged in their communities through volunteering, voting, charitable giving, active in public service, and fixing community problems.

GRANT USE SUMMARY

Please answer all questions below as they pertain to your ministry and grant request. If a question does not apply, please enter "N/A" rather than deleting the question.

1. Compare original objectives/timeframes with actual results. Explain any variances.

On target – *SOF Missions is on target with our funding request, having completed 1 clinic and a retreat using the 100 Shares TB grant.*

Room for improvement –

2. Explain the specific ways that this grant has helped you to expand significantly or propelled your ministry forward. Please include specific examples.

The grant has allowed us to open our services and provide Be Resilient Retreats, which are shorter versions of our clinic and have an emphasis primarily in one domain. These two-day events focus on assessment and providing practical resiliency tools. Retreats also serve as a funneling tool to determine the need to attend a full 4-domain clinic.

3. Based on the measurable project goals and methods of evaluation on your original grant application (Question #12 on the Grant Application), how has this project measurably expanded an existing initiative or established a new initiative?

This funding has done both. We have increased our number of yearly clinics, and we have been able to establish a new initiative with our Be Resilient Retreats.

4. How have the grant funds furthered evangelism and discipleship in your local community?

The grant has facilitated the training and development of leaders within our community who are passionate about evangelism and discipleship. This leadership development is crucial for sustainability and long-term impact, ensuring that the work continues and evolves according to the community's needs.

5. What impact has the grant had on the population you serve? Your staff? The community?

The grant has allowed us to serve more veterans, which means more people hear the Good News and are able to find spiritual and physical healing.

6. What were the primary lessons that you and your staff learned from this grant project?

N/A

7. Based upon current conditions, are there things that you would do differently in utilizing the grant award? If so, what?

No, we wouldn't change our current trajectory because we have seen such positive growth since we started.

8. If the grant project is part of a larger campaign, please provide a status report on the campaign.

N/A

9. If the project involved collaboration with other organizations, please comment on its effect on the project.

N/A